

## INSTRUCTIONS FOR SEWING CHILDREN'S SURGICAL CAPS for Integris Health Baptist Medical Center

Bright colors and kid-friendly fabrics for boys and girls are the best. Remember that we also have teenage patients.

**NO glitter, flannel, or fleece. A 100% cotton quilting type fabric is best.**

1. Print this pattern, make sure you select "Actual size" in the printer properties. Test the size by checking the box on page 2. It should be 2" x 2"
2. Cut a 20" circle by laying the template on the fold line of fabric.
3. Press under edge approximately 1/4" or serge edge
4. Press under 3/4"; stitch close to the edge to create a pocket for the elastic.
5. Leave a 1" opening at the end.
6. Using a blunt thread passer; thread an 18" length of 1/8" or 1/4" elastic through the pocket and over-lap the ends.
7. Stitch lock into place or tie ends together. Stitch the 1" opening closed.

BINGO - you just brightened a child's day!

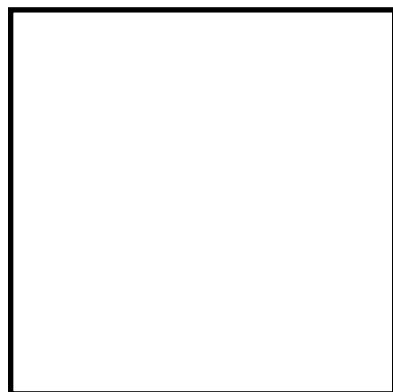
Note Make your template out of something heavier than paper. I used a piece of scrapbooking cardstock. Once you cut your fabric out I found it easier to turn the edge of the circle under just enough to sew around the first time. I pressed this so it would lay flat. This made it easier to fold over the edge to make the casing for the elastic. It takes 15 minutes to make one once you get your circles cut out.

Give to Marilyn Marusa at any OKCASG event or meeting.. Marilyn will take to Kristi Medley, Volunteer Services Coordinator.

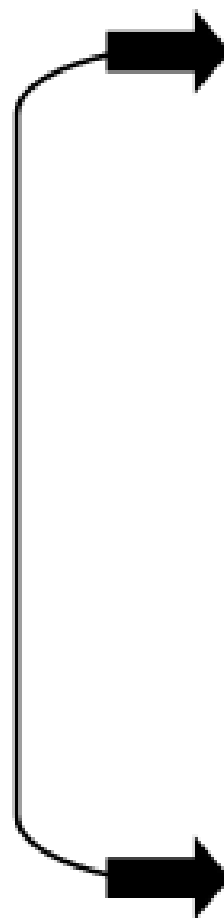


Updated 11/2024

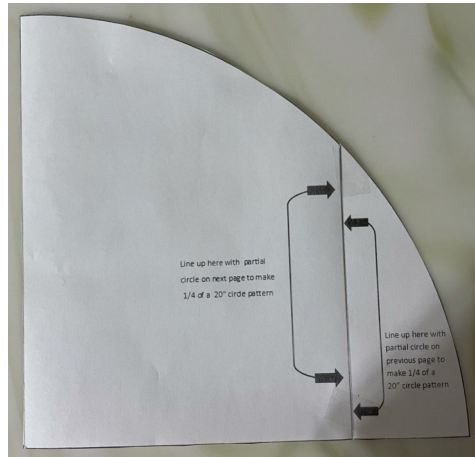
Test your printer by making sure this square is 2" x 2"



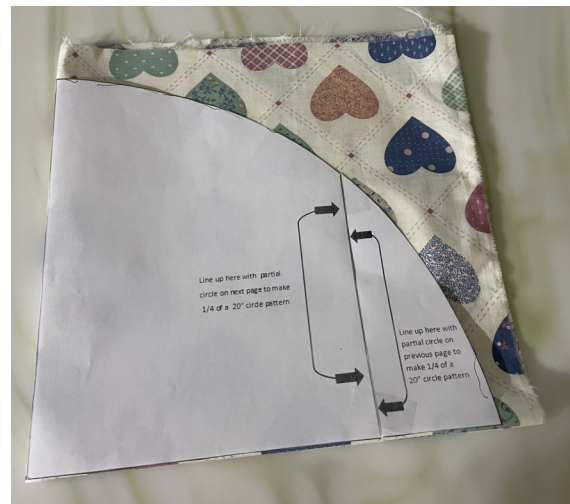
Line up here with partial  
circle on next page to make  
1/4 of a 20" circle pattern



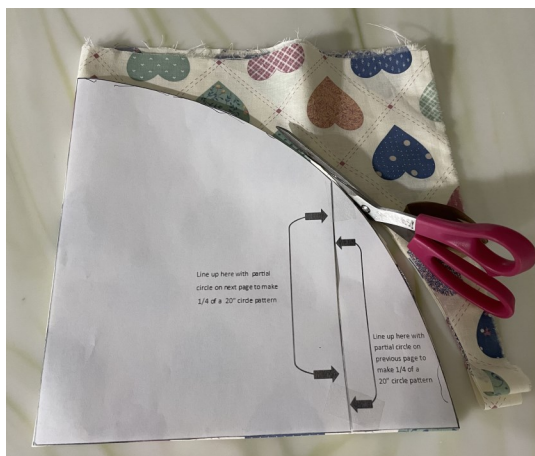
Cut out and tape your pieces together as shown.



Fold a piece of fabric at least 20" x 20" into 4ths  
Lay your pattern on top (make sure raw edges are on the curved side of the pattern).



Cut along curved edge



Cut out circle ready to stitch

