



The Sewing Notion

<http://okcasg.com/>

Oklahoma City, OK Chapter of the American Sewing Guild
Advancing sewing as an art and life skill.

2018 Programs

Vol. 28 Issue Apr May Jun 2018

Regular Monthly meetings are the second Thursday of the month at 6:30pm
Will Roger's Exhibition Building
3400 NW 36th St, Oklahoma City, 73112

April 12, 2018 Fabric and Notions Sale

May 10, 2018 Irish Costumes by Jean Hill

May 18-20, 2018 OKCASG Annual Retreat

June 14, 2018 *Brown bag dinner with hands-on project.

June 7, 8 & 9, 2018 Sewing & Quilt EXPO Arlington Convention Center Arlington, TX

July 12, 2018 sew n share an old item you made and why you kept it.

July 12-15 - ASG Conference 12-18 Westgate Resort and Casino Las Vegas, NV

August 9, 2018 *Brown bag dinner with hands-on project (Jane Brown)

August 18, 2018 Mini retreat at Will Rogers Exhibition 9:00am-4:00pm

September 13, 2018 Challenge from the Fabric Swap in April

September 20, 2018 OKCASG at the State Fair of Oklahoma

October 11, 2018 *Brown bag dinner with hands-on project.

November 8, 2018 Work on service project.

December 13, 2018 Annual Holiday dinner
Salvation Army women's center donation

*Brown bag dinner meeting is where we each bring our own dinner and work on a sewing or craft project together. Time to visit and get to know other members.

If you know a friend who has a sewing interest, encourage them to join us. We have business size cards with our meeting location and time to share. It makes it easy to give out the information. Check with Jane Brown or pick some up at the next meeting when you sign in.

Chapter Advisory Board

President

Kim Benson

okcasg@gmail.com

Phone (call or text): 405-652-9473

Vice President

Dorothy Niles

Treasurer

Annette Myers

Secretary

Sandy Brenneis

Newsletter/Website/Facebook

Marilyn Marusa

Membership

Nancy Helquist

Special Events

Brenda Fonzi

Sewing Retreat

Jane Brown

Membership Committee member

Carolyn Schulz

Special Events Committee members

Irene Morgan

Karen Harrison

Sewing Retreat Committee members

Paula Bell

Lynn Smith

Brenda Sauer

Pat Fritze

Kim Conner

Welcome

Meeting Location

2nd Thursday of each month

6:30 pm

Will Rogers Exhibition Building

3400 NW 36th St, Oklahoma

City, 73112

Say Hello to our Newest Members!

We welcome you and encourage you to get involved in a Neighborhood Group

Kimberly Tilley

Ginger Mercer

OKC Chapter Name Tags are available

Pin Backing: \$5.00

Magnet backing: \$7.00

Contact Carolyn Schulz

or

okcasg@gmail.com

if you'd like one.

NOTICE

This newsletter will always appear on our website for the Oklahoma City Chapter of the American Sewing Guild. Visit the site on a regular basis as the content changes often. Note this web address in your Favorite Places to visit.

www.okcasg.com

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Have you visited the ASG website? At the bottom of the page is a "members only" listing. You will find a wealth of good information on this website.

www.asg.org

From the President

Hello to Everyone!!

Spring is here and we have a great 2nd quarter planned for our chapter. We will have our fabric swap, a presentation on Irish Costumes, and a brown bag.

Don't forget to sign up for our *Sewing Retreat*, May 18-20, 2018. Spots are filling up quickly and the deadline is **May 10, 2018**.

Happy Sewing,
Kim B.
OKC ASG President

For Cares and Concerns of Chapter Members

Please contact
to Sandy Brenneis
okcasg@gmail.com
Phone (call or text):
405-652-9473



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program sewing machines and sergers.*

**1624 W I-240 Service Rd, Southern Hills Shopping Cntr
Oklahoma City, 405-680-9100, www.bsenn.com**

Membership Renewal Notice

If you received your renewal notice in the mail and have not yet sent it in, please don't forget to do so right away or renew online so that you will not miss out on any membership benefits!! Did you know you can renew your membership online? To do so go to the www.asg.org click on "Member Login". After logging in you should be on the "Members Only" page. Then click on the large button "Account Information". Select the "Renew Membership" tab. You can pay with a credit card or Paypal.

Paula Bell	5/31/2018	Brenda Sauer	4/30/2018
Sheryl Northington	5/31/2018	Ellen Bennett	5/31/2018
Paula Wolff	6/30/2018	Bonnie Bamberg	5/31/2018
Linda Linn	6/30/2018	Nancy Kendrick	5/31/2018
Carmen Morales	6/30/2018	Vaughncille Weidner	5/31/2018
Tammy Eskew	6/30/2018	Beth Odom	5/31/2018
Jean Hill	6/30/2018	Constant Reames	5/31/2018

Sewing Tips

Ideas for more efficient, effective, and enjoyable sewing. Try out some Sewing Blogs:
The American Sewing Guild Blog was one of the top "Best Sewing Blogs for 2018. Find it at www.asg.org/scr/blog/

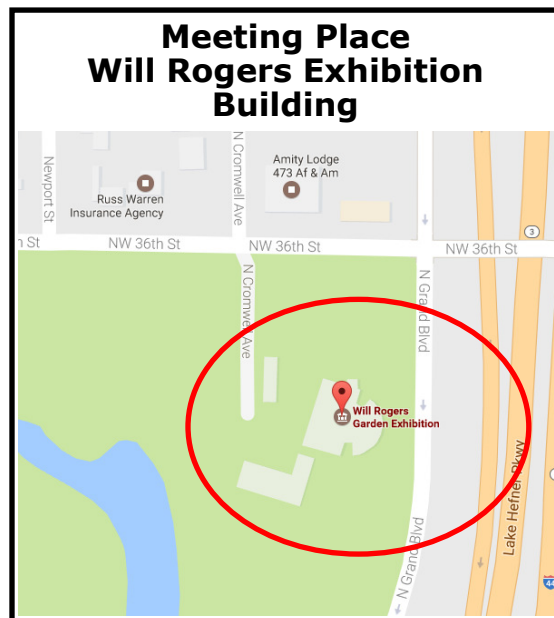
Sew Mama Sew is a blog and sewing community that collaborates with outstanding bloggers, designers, and authors to share high-quality sewing content. Check it out at www.sewmamasew.com

This Blog is Not for You: A Dressmaking Blog has many interesting ideas, tutorials, patterns, and articles. One category is Sewing and Mental Health. Find it at www.thisblogisnotforyou.com



Sewing Machine Song, by TR Kelly.

An original song about an old singer treadle sewing machine once abandoned, rediscovered and given another chance to sew! Check out the lyrics which are written in the comments section below the YouTube video. It includes pictures of an old machine as well! <https://youtu.be/03rQM7orKpE>



Helen Enox

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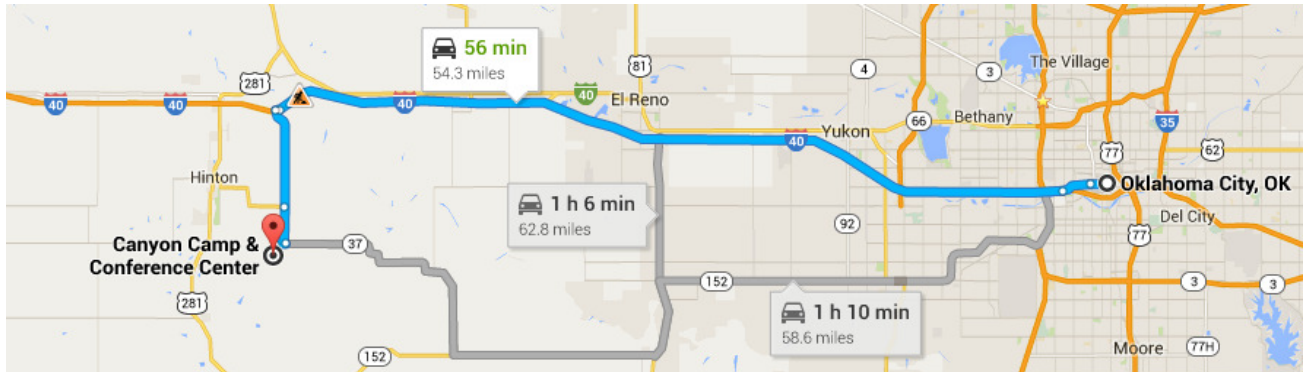
Spruce up your summer wardrobe with our brand new selections of Stretch Knit solids and prints, African Print Cotton, Linen, Cotton Eyelets, and Polyester Prints!



2018—16th Annual Oklahoma City Chapter of the American Sewing Guild Sewing Retreat

May 18th – 20th Check in 9:00 am Friday - 12:00 pm on Sunday
Canyon Camp and Conference Center
31600 Camp Road Hinton, OK (in Red Rock Canyon)

Whole weekend (based on double occupancy) Price includes: Lunch & dinner Friday, 3 meals Saturday, breakfast on Sunday. If you would like, bring your favorite snack to share. Sewing Guild will furnish the room to sew in, tables, iron, ironing boards, and cutting mat and a project to do at your leisure. Snacks to be provided Friday and Saturday night.
Bring: Your own sewing projects. Sewing machine. Scissors and/or Rotary cutter. Measuring instruments. Pins. Needles. Extension cords. Lamp or light and any other sewing supplies you need. Note there is no cell phone service in the canyon. There is wireless Internet access.



OKC Chapter of the ASG 2018 Retreat at Canyon Camp Hinton OK May 18 – 20, 2018

Name: _____ Phone: _____

Email: _____

ASG Member Number: _____

Roommate's Name: _____

Emergency Contact Name & Phone: _____

- ☐ I would like a handicap room. (4 are available)
- ☐ Friday or Saturday ONLY-lunch & dinner included. ASG member \$50.00 non member \$70
- ☐ Full retreat per person—double occupancy—ASG member \$150.00 non-member \$170.00
- ☐ Full retreat per person—single occupancy—ASG member \$185.00 non-member \$200.00

ASG member only registration - Feb. 8th through March 8th

Open registration - March 9th through May 10th

No registrations after May 10th

(1/2 of registration will be refunded if cancellation is made by May 1st, 2018.

A complete refund if you have a catastrophic event and cannot attend.

You must email Kim Benson (kimcaptjack@gmail.com) with an explanation prior to retreat.

Turn in at meeting or mail to:
Annette Myers, Treasurer
6904 E. 15th Street
Edmond, OK 73013-8672
Make checks payable to "OKC ASG"

Conference

The ASG annual Conference is a once-a-year opportunity for sewing enthusiasts to gather to celebrate all things sewing, quilting and embroidery.

Shopping: The vendor-packed Exhibit Hall is full of both large and small sewing and quilting businesses selling fabric, notions, patterns, sewing furniture, machines, threads, projects, DVD's, books and more.

Education: The conference offers daily educational opportunities in the form of workshops, seminars and lectures. Classes are tailored to every sewing interest from couture sewing to stash management, from fitting and alterations to surface design and embellishment, from hand sewing to serger sewing, as well as every level of sewing skill.

Fellowship: Tours, get-togethers, lunches, the annual Fashion Show and more!

Westgate Las Vegas Resort
3000 Paradise Road
Las Vegas NV 89109



DID YOU KNOW??????????????

If you access Amazon.com from the national asg.org website that a portion of anything you purchase on Amazon goes back to ASG?

It's not back to the local chapters, but back to the National organization. Many sites are offering this service. This was mentioned at the national meeting and I thought it was worth mentioning to you.

On the right hand side of the home page, you will see the link to Amazon.

Membership Information

Currently, we have 100 members in our chapter.

That number changes as memberships are renewed on an annual basis throughout the calendar year. We love visitors to check out our meetings, however, we must limit the number of times a visitor can attend before they join. The first meeting is free to attend, but after the 2nd, we ask that you join our chapter. Dues are \$50.00 for the first year, and \$45 for renewals. Your dues can be quickly recouped if you take advantage of all the savings and discounts posted on the national ASG website, as well as the % off many retailers.



Neighborhood Groups

Neighborhood Groups are small, personal, and fun. This is a wonderful place to meet new friends who enjoy what you like most - sewing. All ASG members are encouraged to attend a group and may participate in as many as you wish. Find the one that fits you best. If there is not a group in your neighborhood, start one! Bring a guest. Nonmembers wishing to learn more about ASG may visit two group meetings before being asked to join our Chapter. Contacts are below.

The Happy Sewers

The Happy Sewers neighborhood group meets the third Friday of each month in members homes at 10:00 am. Please call Jana Burgess at 405-652-9473 and leave a message for location and program information. Visitors are always welcome.

Southside Scissor Wizards

Southside Scissor Wizards neighborhood group meets the first Tuesday of each month. We normally meet at B Sew-Inn, SW 74th street and Pennsylvania Ave at 10:00 am. Please call 405-652-9473 and leave message for Jane Brown for any updates on location and program. Visitors are always welcome. FYI after our group meeting is over you can use B Sew-Inn's sewing room for the remainder of the day unless they have a special event planned.

Have you ever asked yourself why join a neighborhood group?

Who doesn't want to talk about their sewing obsession, share their latest projects. If your non-sewing friends get a glazed look in their eyes when you talk about your latest fabric score or your embroidery triumph, then you need to find a sewing group. Here are just a few more ideas why you should join one.

- A. A place to develop skills. Many are based on the premise of continuous learning new monthly projects to work on and include the tradition of "show and tell" so much fun to see how each member's creativity and personality showed up in the last month's project. All members are happy to help if someone would like assistance with a particular technique.
- B. Giving Back. If you are interested in helping in your community many sewing groups or individual members are involved in making thing for charity organizations, great place to learn what's needed in your community.
- C. Learn about new resources. Members love to share where to find out about new resources for fabrics, craft supplies and patterns, whether it's an undiscovered fabric store to a new pattern or online sites.
- D. Get feedback or a critique. Want some constructive criticism of a sewing project? Sewing groups are great places to get the feedback you need. That's especially true when garment sewing, getting help and ideas for fit problems is priceless. Getting input from sewing friends can help save a project your ready to trash.
- E. Get suggestions for special fabrics or quilt fabric scraps. Your fellow sewing group members can help you brainstorm just what to do with a special fabric, fabric scraps or craft project leftovers you have been treasuring for ages. We love to share our ideas and you'll go home with dozen new ideas to use.
- F. Fun. Communicating with like-minded fanatics to discuss all things sewing, embroidery, and crafting. Neighborhood groups are a warm and happy place to stretching yourself with new challenges. I always leave a meeting with renewed energy, there's always something to learn when it comes to all things sewing.

How Fashion Mags Make Us Feel Ugly

mag-covers I can't think of a better way to start a new year than watching the little video below. It clearly shows how beauty and fashion magazines are intentionally designed to make us feel inadequate – even ugly – and influence us to spend lots of money with their advertisers trying to “fix” ourselves.



The truth is that nobody looks like the women in those magazines – not even those women themselves ...

Now maybe you NEVER look at fashion magazines ... but realize that the same unrealistic body shapes and re-touched photos grace the pages on gossip magazines, lifestyle magazines, even business magazines targeting professional women. Not to mention billboards and TV advertising and program content. So you're being inundated with those misleading messages from every direction.

Or maybe you enjoy fashion magazines – GREAT! Hopefully you've trained yourself to use them for style inspiration and not as a yardstick for measuring your own beauty or value.

YOU ARE BEAUTIFUL – just the way you are – and you just need to understand the colors, silhouettes and style details that showcase the things that are fabulous about you. When you stop worrying about what you need to hide or cover up and focus on showcasing your assets ... those challenge areas just fade into the woodwork and you'll hear people saying “you look so lovely”. More important, you'll feel positive and confident about the reflection you see in the mirror.

Let's get started ...

https://www.youtube.com/watch?time_continue=15&v=zIIKTNP5Ts

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www.NancyNixRice.com

Tips from readers: American Patchwork & Quilting

(from 'Lake County Material Girls' ASG Lake County Chapter)

No More Tangles: To ensure you never have to unravel a tangled mess of hand embroidery thread, unwind a new skein and wrap it around an old spool. (for this, spools with clamp-down tops works best.) (Pat Chavez– Escalante, Utah)

Lacy Labels: Buy doilies (many of which have lace and gorgeous embroidery) at antiques shops to use as labels. Back them with white flannel, then hand embroider or free motion to label the information. (Sue Mullane– Albuquerque, NM)

Bits of Batting: After trimming the batting for quilts, sew the leftover strips together using a zigzag stitch. The recycled batting is great for baby quilts or small scrappy throws. (Sue Panos– Waucoma, Iowa)

Weight Lifting: When quilting or sewing the binding on a large quilt, position your ironing board next to your sewing machine to support the weight of the quilt while you work. (Kathy Love– El Cajon, California)

Leave No Trace: When cutting out fabric for a quilt project, place a piece of tracing paper over the pattern's cutting instructions. As you go along, use a pencil to cross out each fabric so you don't lose track of where you are, plus you keep your pattern clean! (Shellie Moniz– Johnston, Rhode Island)

Rainbow of Bobbins: Because you sew with colors other than gray and ecru, you have a drawer of partially filled bobbins in many colors. Use these bobbins when making a scrappy quilt. (Bonnie Cramer– Glendo, Wyoming)

Local Retailers ***10% Discount to ASG members

The Stitching Post Inc.***

5928 NW 16th OKC
316 N Broadway Moore
<http://www.sewbargain.com/>

Bernina of OKC***

6817 N May Ave
<http://www.berninaokc.com/>

Threads of Tradition

928 W Main St
Yukon, Oklahoma
(405) 693-2500
<http://threads-of-tradition.com/>

Sew N Sews***

Stillwater Store:
217 S Perkins
405-707-0700
Oklahoma City Store:
5127 N Portland
405-942-2700
<http://www.sewnsewsokc.com/>

Jo-Ann's***

all locations
(requires card from Jo-Anns)

Helen Enox Fine Fabrics***

2209 SW 74th #318
(NW corner I-240 & S. Penn)
Oklahoma City, OK 73159
<http://helenenoxfabrics.com/>

Prairie Quilt

101 S. Main Street
Hennessey, OK 73742
405-853-6801
www.quiltnow.com/
www.prairiequilt.com/

Nancy's Notions***

www.nancysnotions.com

B-Sew Inn***

Southern Hills Shopping
Center
I-240 and Penn
1624 Southwest 74th
<http://www.bsewinn.com/>

Check out all of the ASG member discounts at:
<http://asg.org/members/specials.php>

HAVE SOMETHING YOU WANT TO BUY OR SELL??

Try our classified ads. They are a real bargain! See the rates listed below. Just compose your ad and get it to the Newsletter Editor by the deadline.

Advertising Rates & Deadlines

Business Card (3 1/2" x 2") \$15.00	Quarter Page (3 1/2" x 5") \$25.00
Half Page (3 1/2" x 10") \$35.00	Half Page (7 1/2" x 5") \$35.00
Full Page (7 1/2" x 10") \$50.00	

Classified Ads:

Members \$2.00 + .10/word	Non-Members \$5.00 + .10/word
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Prices are costs per issue. A camera-ready ad is preferred. The Sewing Notion welcomes sewing related ads but reserves the right to refuse any ad for any reason. For current deadline, please email Newsletter Editor:

marilynmarusa@cox.net

Membership Benefits

Sewing Classes and Special Events

Whether you're new to sewing, returning to sewing, looking to advance your sewing skills or just want to participate in on virtual group meetings, you will find ASG's free online sewing classes and programs a major benefit of membership.

Discounts

Many local retailers offer discounts to ASG members. Be sure to ask when you shop, "Do you offer an ASG discount?"

In addition, almost half of the advertisers in Notions, our quarterly publication, also regularly offer discounts on their sewing products, publications and events, free shipping, and lots more. Those Special Offers are listed and updated every quarter on the password-protected Members Only section of this Web site. Join now to receive your password, and take advantage of the great benefits of membership in the ASG!

Chapter Meetings

Think of a chapter as a community of people who are excited about sewing. All kinds of people! Some with advanced or professional sewing skills, some novices at the beginner level, and the majority who fall somewhere between those two levels. They want to learn new skills, they want sewing friends to share their successes and challenges, and they want to belong to a group that will support their adventures in sewing.

Chapters come in all sizes - larger chapters often sponsor quarterly chapter-wide special events that may feature local or national speakers, member fashion shows, or specialty workshops. Some chapters also sponsor many smaller neighborhood or special interest groups within the larger structure which meet more frequently (usually monthly). Smaller chapters may meet on a monthly basis as one group. Often, these local Neighborhood Groups provide opportunities for sharing ideas and "hands-on" sewing experiences in a smaller, more social atmosphere. Find a chapter in your area.

Conference

ASG members pay a special member's price for conference registration where attendees participate in workshops and seminars taught by nationally recognized professionals. Members may also shop the Exhibit Hall, enjoy special events and attend optional workshops and tours. Visit our Conference page for more information.

Notions Magazine

Guild members receive the ASG national publication, Notions, filled with an inspiring variety of projects and tips, the latest sewing industry news, new products, introductions to sewing experts and Guild news.

In addition to the national publications, most ASG Chapters publish a newsletter 4-6 times a year that communicates local Chapter events, neighborhood group locations and activities, lists of discounts with retailers and features special interest articles.

ASG MEMBERSHIP APPLICATION	
Name _____	<input type="checkbox"/> New Member\$50
Address _____	<input type="checkbox"/> Junior Member (New and Renewal) to age 17, or age 22 with student ID\$25
City _____ State _____ Zip _____	Chapter <u>Oklahoma City</u>
Daytime phone number _____	<input type="checkbox"/> ASG Member at Large\$50
E-mail _____	<input type="checkbox"/> Renewal Member\$45 (if received before membership expiration date)
How did you hear about ASG? _____	<input type="checkbox"/> Late Renewal.\$50
	Chapter _____
	Payment
	<input type="checkbox"/> Check payable to "American Sewing Guild"
	<input type="checkbox"/> MasterCard Visa AmEx Discover
	Account#: _____
	Expiration Date: _____ CW# _____
	Signature: _____
Return to: American Sewing Guild 9660 Hillcroft, Suite 510, Houston, TX 77096	

A Taste of ASG

Only
\$10

**Sign up for your 60-day trial membership today
and get all the benefits of an ASG member!**

Trial membership includes 60 days of unlimited, full access membership in the American Sewing Guild

- Full access to the Members Only area of the ASG website
- ASG's Online Sewing Education Library of classes, webinars and videos
- "Member's Only" special offers and discounts
- Electronic copy of Notions, ASG's Quarterly Publication
- Special pricing from ASG partners such as Craftsy and University of Fashion
- Entrance to chapter meetings, neighborhood and special interest groups and events
- Opportunity to register at "Members Only" price for the Annual ASG Conference in Orlando, FL, July 27-30, 2017

**American
Sewing
Guild**

Sign up
online using
the Join Now!
button.
www.asg.org



OKCASG in Social Media

"Like" us on Facebook to keep up with the latest news and see what's going on at the meetings if you can't attend.

You can view our Facebook page even if you are not a member of Facebook.

Click on link below...

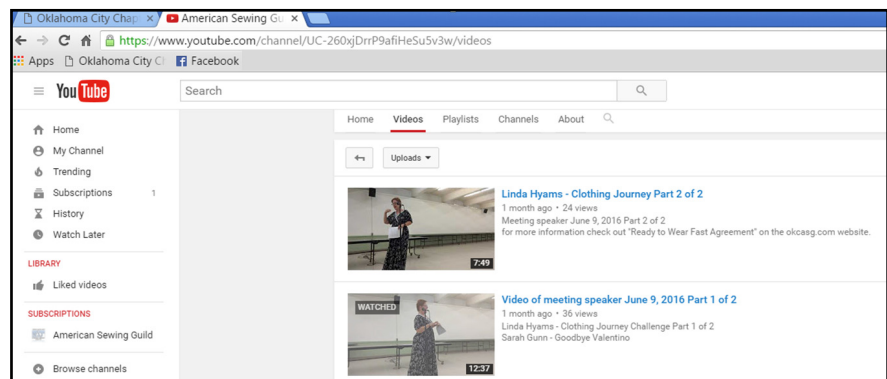
<https://www.facebook.com/American-Sewing-Guild-Oklahoma-City-Chapter-168481843174057/?fref=ts>

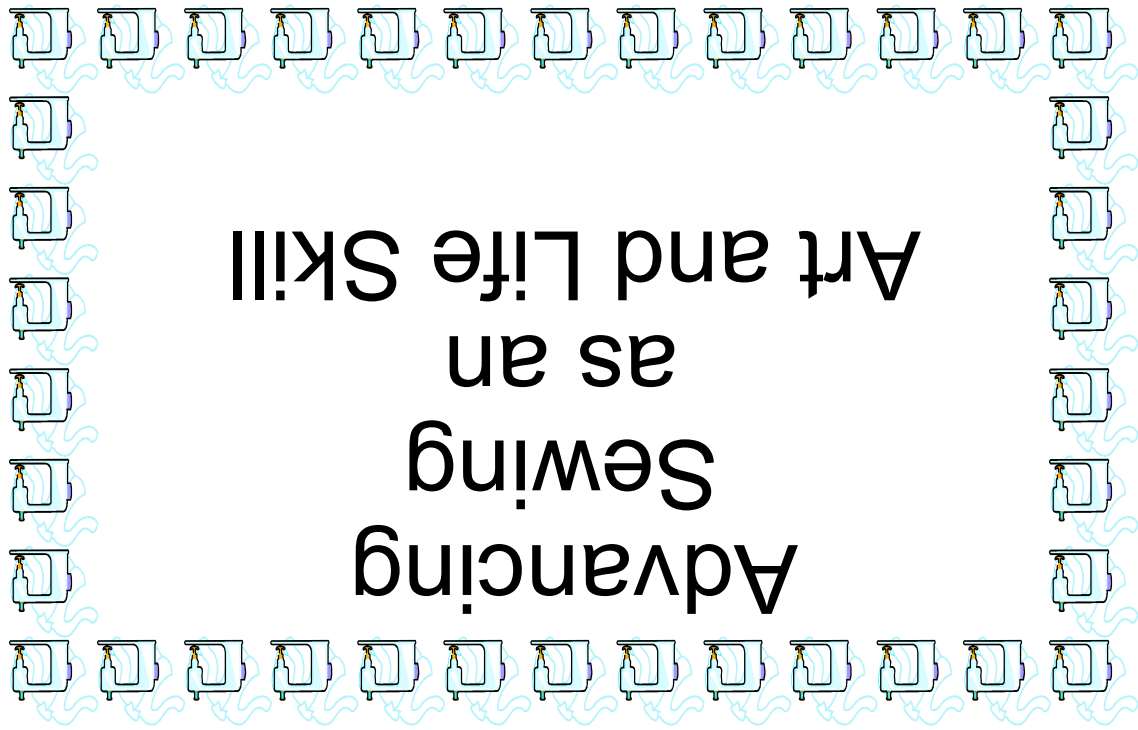


OKCASG now has a youtube video channel!!

Click on the link below...

<https://www.youtube.com/channel/UC-260xjDrrP9afiHeSu5v3w>





Advancing Sewing as an Art and Life Skill

The Sewing Notion
American Sewing Guild
OKC Chapter
Kim Benson
15300 SW 79th ST
Mustang, OK 73064-9375

